

Areas of Expertise

Executive Coaching
Team coaching & facilitation
Organizational development
Change Management

Client Impact

Leadership Development Fortune 500 FMCG

Company. Designed and delivered innovative program of workshops and individual coaching for Heads of Department and 250 of their team members to optimize individual and team meaning, belonging, contribution, productivity and performance.

Team Performance, Fast Growing Tech Co,

UK: Design and facilitation of performance improvement program for a high performing sales team. Increased cohesion, understanding, alignment to organizational objectives, plus collective contribution.

Strategy Execution, Partner Cohorts, Big4
Professional Services: facilitation of multiple
cohorts of partners, focused on building
mindsets and behaviors that optimally embed
the core tenants of strategy through people,
to drive growth.

Background

Mark is a recovered banker and international athlete, come social entrepreneur, focused on working with senior leaders and their teams to optimize performance and impact. As a coach, facilitator and consultant Mark is totally committed to unlocking his clients' potential. Mark's dynamic, engaging and curious style meets people where they are at, inspiring them to unearth the essence of what matters most to them to fuel their performance and experiences beyond their desired aspirations and ambitions. As a Kairos Senior Consultant, Mark has designed and delivered programs to successfully guide clients through culture change, leadership development, team performance and stakeholder engagement initiatives.



Throughout his 25+ year career, Mark has held various roles in client management, sales, business development, professional development, and board development, from big finance to sports and social enterprise.

As a coach and facilitator, Mark re-ignites his athlete instinct to inspire people to unlock their potential while nurturing the purpose, principles, ambitions, and impact they need to succeed. Mark helps clients step back from the day-to-day to gain perspective, engaging with them compassionately and with a sense of wit to reframe their focus and develop the skills they need to leverage their strengths, improve their performance, and optimize their impact on others.

Hailing from the UK, Mark holds an honors degree in business and social science from the University of Durham and a degree in financial services from UMIST.

Before his purposeful work in professional services, Mark received a medal (MBE) from Her Majesty the Queen of England as recognition for his dedication to youth development in the USA as the founder of an award-winning non-profit organization that used sports as a transformational vehicle through which over 25,000 young people from underserved urban communities realized their potential. He currently serves as a trustee on the board of DFY, a similar organization based in London.

