



Skye Idehen-Osunde

Consultant

Areas of Expertise

- Leadership Coaching & Facilitation
- Employee Resource Group Engagement
- Conflict Management & Resolution
- Leading for Impact in a Hybrid Environment
- Culture of Belonging & Inclusion

Client Impact

Leadership Development Group Workshops & Organizational Offsites. *“You provided value to be consumed by all new and “seasoned” leaders that can be put into play today!” Antonio F., Metlife Executive Transition Labs.*

“I recently took a training that Skye led and can say it was one of the best leadership trainings I've taken part of. I wished it was longer because Skye created such a great atmosphere for each participant to be vulnerable amongst complete strangers. She truly led by example, and it was evident she has absorbed what she teaches through how it comes out so naturally. We need more people like Skye.” Carter M., Nike

Background

Skye Idehen-Osunde is a Leadership Expert & Team Inclusion Consultant, Coach, & Facilitator. With over a decade of experience, Skye deeply understands leadership principles and strategies. Skye helps organizations foster a strong inclusive environment where all team members feel heard, valued, included, and celebrated. She provides guidance and insights to individuals and organizations looking to unlock their impact & leadership potential, improve their performance, and overcome challenges.

As a high-energy and engaging facilitator, she leads workshops, training sessions, & group discussions aimed at improving safety, confidence, capacity, teamwork, communication, and overall performance within organizations such as Nike, Metlife, and B Lab Global. Skye's goal is for every individual to realize the importance of how power, effective communication, and authenticity intersect in leadership. Therefore, she encourages leaders to be true to themselves and their values while leading with integrity and inclusivity. Her ability to inspire change motivates individuals and organizations to embrace new approaches, adapt to evolving circumstances, and drive positive transformations.

Skye Idehen-Osunde

Consultant

Skye obtained her bachelor's degree from the University of South Florida and a master's degree from Ball State University. Skye's commitment to continued education and acquiring a diverse range of certifications such as The Medici Group Certification of Innovation and Business Transformation, The Post-Crisis Leadership Certificate, Diversity, Equity and Inclusion in the Workplace Certificate, Cross-Cultural Leadership Certificate, and Resilient Leadership underscores her dedication to personal and professional growth.

Her expertise in leadership, diversity, equity, and inclusion, along with her facilitation skills that focus on promoting open and honest communication energetically and engagingly, enable her to adapt to various situations and challenges, which is valuable in an all-professional context. Skye's professional background reflects a commitment to promoting inclusive leadership and empowering individuals and teams to reach their full potential.

Her expertise can be precious for organizations seeking to improve their leadership practices and cultivate diverse and inclusive environments. Skye Idehen-Osunde is based in Connecticut, where she spends her leisure time with her family while also volunteering with her local chapter of Delta Sigma Theta Sorority, Inc., promoting social change and making a positive impact on society.



Kairos Insights

Cultivating Healthy Organizations & Capable Leaders